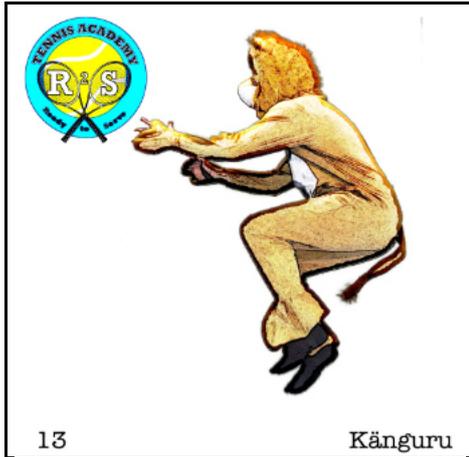


*Bewegungskärtchen zum ausschneiden

| | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|   1 Armstrecken |   2 Ball prellen |   3 Bocksprung |
|   4 Froschsprung |   5 Fußspitzen berühren |   6 Gleichgewicht |
|   7 Hampelmann |   8 Hochsprung |   9 Hula-Hoop |
|   10 Hopsalauf |   11 Hüpfen |   12 Jonglieren |



13

Känguru



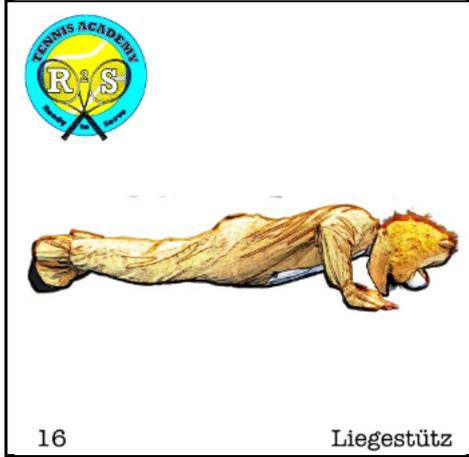
14

Klatschen



15

Kniebeuge



16

Liegestütz



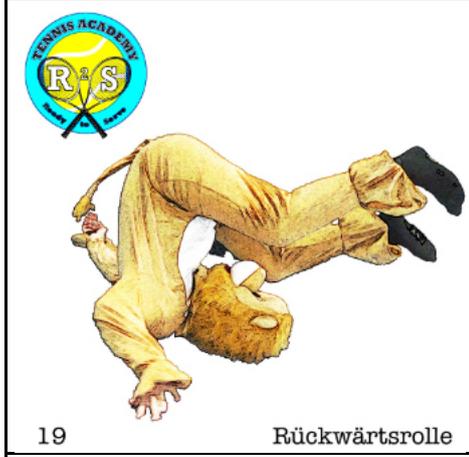
17

Radschlag



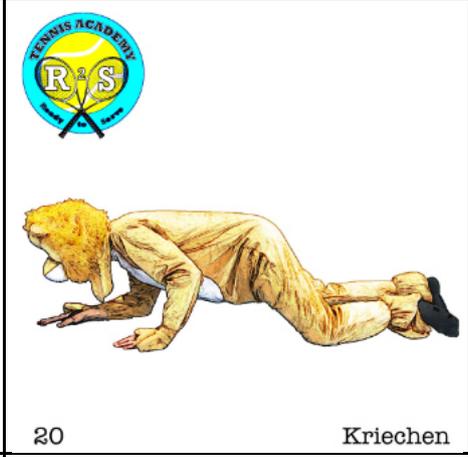
18

Rückwärts hüpfen



19

Rückwärtsrolle



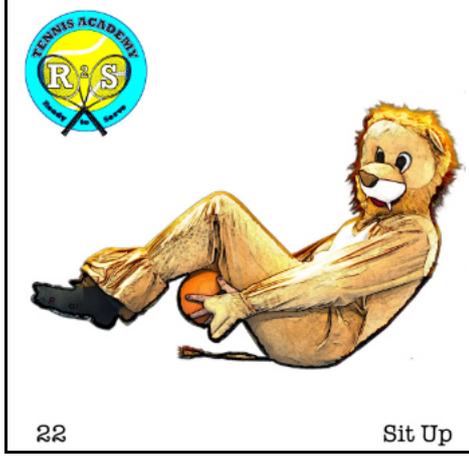
20

Kriechen



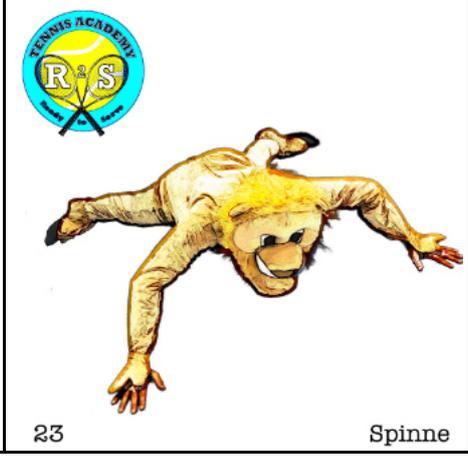
21

Seilchen



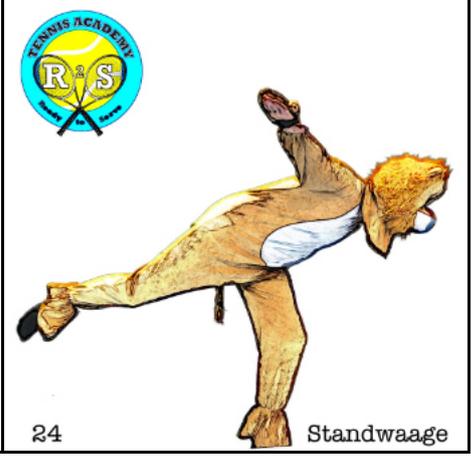
22

Sit Up



23

Spinne



24

Standwaage



25

Vorwärtsrolle